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| **Grade: Six** | **Session Twenty-Nine** |
| **Materials Needed: composition notebook** for each scholar and mentor, two pocket folder for each scholar,mentor toolbox. | **Focus: Reflecting and Writing** |

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| **Lesson Title: Dear Me. From Me.** |

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| **Step One**: **Write Into the Lesson**: *To start each session together, we are going to engage in a quickwrite. This means that I will set the timer for 3 minutes and you will write whatever comes to mind about the topic (***which will also be a quote connected to our SHINING star theme***)for the entire three minutes. It is important that you challenge yourself to write for the entire time! I will write along with you! Here’s today’s quote:*    ***“I had always seen myself as a star; I wanted to be a galaxy.”***  **(It might be necessary for you to explain the quote to the scholar. It is important that you make sure that he/she knows what the quote is about. By doing so, it will allow the scholar to write about the quote with ease.) Set the timer for 3 minutes and allow the scholar time to talk. It might be a challenge for the scholar to write for the entire time. Gently encourage him or her to “keep thinking and keep writing”. It is highly recommended that you write along with the scholar. He/she needs to see you engage in this process as well.)**  *O.k, scholar. Let’s hear what you have to say about today’s quote.* **(Allow scholar time to read his/her response.)**  **Step Two: Revisiting our “STARS” (also known as GOALS):** *It is hard to believe, but we only have one more session left! I have really enjoyed my time with you!* ***During our first session together, you set some goals*** *that you wanted to achieve during our time together.* ***Turn to the goals now. Let’s talk about the progress you think you made in achieving these goals.***   * ***What were the goals that you set for yourself?*** * ***Which of the goals do you think you achieved? Why do you think you were able to achieve this goal?*** * ***Were there any goals that you didn’t meet? Why do you think you were not able to achieve this goal?*** * ***What would you change if you had to do these sessions all over again? What would you do differently?*** * ***How are you different as a reader, person, student as a result of our time together?*** * ***What have you learned about yourself?*** * ***What are some new goals you can set to continue to be good readers for the rest of the school year and over the summer?***   **Step Three: Dear Me:** *Now, I will give you an opportunity to write a letter to yourself. This is a letter that you should be able to read anytime you need a “pick me up” or a “confident boost”. So, if you are having a bad day, reading this letter that you’ve written to yourself will make you feel better. In the letter, talk about what you learned about yourself, how you feel knowing that you are a better reader, person, and student than you were 28 weeks ago. Talk about how proud you are of yourself and why you are so proud. Feel free to write anything, but remember the purpose of the letter---it should be encouraging and uplifting!!* |
| **Closure**:  *I’ve enjoyed our time together and I’m already looking forward to next week! You did an amazing job today*. **(Please give specific feedback at this point.) Possible feedback starters: I liked the way you\_\_\_\_\_\_\_\_\_. or I was impressed when you\_\_\_\_\_\_\_\_\_\_\_.** *What comments or questions do you have for me?* **Answer the questions, if you are able and/or willing to do so. End the session with a handshake and the comment, “*continue to be a SHINING star today*!”**  **(Scholars should keep all handouts referenced today in their two pocket folder.)** |
| **After Session:** Before you leave please fill out the Teacher/Mentor Communication Log, check the school calendar for potential conflicting and upcoming events, check your personal calendar to make sure you will be able to return when you told the scholar you would, as the scholar will be looking forward to seeing you, and share any questions or concerns with a school employee—teacher, counselor, principal, etc.—before leaving the building. Thank you for sharing your time and talent! |